

Department of Public Health  
and Human Services

Section:  
DIRECTORIES

FOOD STAMP PROGRAM

Subject:  
Nutrition Education Programs

**Supersedes:** FS 1704-1 (05/01/00)

**GENERAL RULE -- The Food Stamp Nutrition Education Program (FSNEP)** provides food stamp eligible participants with information and education opportunities. The classes offered will help develop skills and behaviors leading to improved nutritional well-being. Classes will also provide increased ability to manage resources in order to move toward a more self reliant lifestyle. FSNEP is a MSU Extension Service program managed through a contract with DPHHS.

FSNEP will continue to focus on "Maintaining Wellness While Working". The skills taught related to food, food safety and food preparation will incorporate work skills preparation. Each lesson or demonstration will include issues such as cost, time, skills and planning with an emphasis on how this critical area of family life can blend with work schedules.

Another program administered by MSU Extension Service is the **Expanded Food and Nutrition Education Program (EFNEP)**. It offers many of the same services as under FSNEP. However, the population served is slightly different. EFNEP participants must have children in the household and are not required to be receiving food stamps in order to receive EFNEP services.

**≥CONTACTS:** **FSNEP** maintains 13 projects serving 30 counties. To make a referral please contact the appropriate entity.

**EFNEP** maintains four units. (Missoula, Big Horn, Fort Belknap Reservation Office/Blaine, and Yellowstone.) These units are designated with a (\*\*) after the county name. This means there must be a child in the home before a referral can be accepted. **(Since Big Horn also has a FSNEP there is not an asterisk indicated.)**

| <u>COUNTY</u> | <u>PHONE NUMBER</u> |
|---------------|---------------------|
| Beaverhead    | 723-8262 Ext. 358   |
| Big Horn      | 665-1406            |
| Blaine (**)   | 353-2205 Ext. 484   |
| Carbon        | 962-3522            |

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|   | <u>COUNTY</u>   | <u>PHONE NUMBER</u> |
|---|-----------------|---------------------|
|   | Cascade         | 454-6980            |
|   | Custer          | 233-3370            |
|   | Dawson          | 377-4277            |
|   | Deer Lodge      | 563-7416            |
|   | Fallon          | 377-4277            |
|   | Fergus          | 538-3086            |
| ≥ | Gallatin        | 582-3280            |
|   | Golden Valley   | 323-2704            |
|   | Granite         | 563-7416            |
|   | Hill            | 265-5481 Ext. 33    |
|   | Jefferson       | 723-8262 Ext. 358   |
|   | Judith Basin    | 538-3086            |
|   | Lake            | 676-4271            |
|   | Lewis and Clark | 497-6435            |
| ≥ | Mineral         | 822-3545            |
|   | Missoula (**)   | 421-4095            |
|   | Mussellshell    | 323-2704            |
| ≥ | Park            | 222-4156            |
|   | Petroleum       | 538-3919            |
|   | Powell          | 563-7416            |
|   | Roosevelt       | 787-5312            |
|   | Rosebud         | 356-7320            |

|   | <u>COUNTY</u>    | <u>PHONE NUMBER</u> |
|---|------------------|---------------------|
| ≥ | Sanders          | 822-3545            |
|   | Silver Bow       | 723-8262 Ext. 358   |
|   | Wheatland        | 323-2704            |
|   | Yellowstone (**) | 252-1595            |

Staff is encouraged to refer participants of all ages and backgrounds to available resources. Strengthening an individual's knowledge of nutritional issues will allow them to stretch their food dollars, improve their diets and enhance their overall well being. Such referrals are not mandatory but should be provided when individuals express an interest or it appears further information may be of assistance to the household.

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